Below are 5 of the 10 photos taken during the recent youth camp. They are reflections of the youths' learning experience on Ephesians 4.

"to equip his people for works of service, so that the body of Christ may be built up."

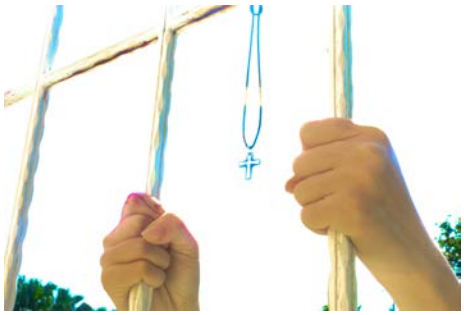
Ephesians 4:12

This photo that we took and chose among many others was special in a sense that it portrays how God has specifically handpicked people and gave them gifts to serve him, so that they may reach out to others with their gifts and build up the kingdom of God.

"Eager to maintain the unity of the Spirit in the bond of peace."

Ephesians 4:3

Although picking up litter might not be a job that people do willingly, it is an act that shows us the value of humility, gentleness, patience, bearing with one another in love, therefore maintaining the unity of the Spirit eagerly.



"As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received."

Ephesians 4:1

This photo depicts how Paul was literally under house arrest at that time of writing and also figuratively how we are prisoners of Christ as we are bound to him. As we look towards the sky, we are reminded of God's calling to us and our promises to Him.

"Therefore, having put away falsehood, let each one of you speak the truth with his neighbour, for we are members one of another."

Ephesians 4:25

Putting away falsehood echoes the putting away of one's former life and have a new life in Christ. To speak the truth is to speak in love and thus grow in Christ like a living plant. This love can yield healing results just like aloe vera's healing properties.

"…to put off your old self which belongs to your former manner of life and is corrupt through deceitful desires"

Ephesians 4:22

To put the old self means to DESTROY the sinful human nature in me.

We have to scoop out the dirt that lies within us and throw it out of our lives. Only then can be renewed and be in the likeness of God.

Written by Brother Xie Zhengyang